



4-H NEWS

SACRAMENTO • SAN JOAQUIN • SOLANO • YOLO



NOVEMBER 2009

FROM OUR ADVISOR



How To Say, "We're Glad You're Here!" Marianne Bird, 4-H Youth Development Advisor

For the first time, I attended the Horse Leader's Retreat in September. I could tell the volunteers were surprised and happy to see me. "What made you decide to come this year?" one asked. "I was invited," I replied. "But you're *always* invited," he said. Perhaps, but I don't always feel invited, and it was the personal ask that encouraged me to come.

If I'm the county 4-H Advisor, have been at my job for 10 years, and still sometimes sense being on the outside, I wonder how those new to our organization feel. How is it that we help people know they're welcomed and a part of our group? And how well do we do it? I think sometimes we believe that when someone new shows an interest in 4-H, that they have "arrived" and we just need to give them the forms and information to sign up. We don't see ourselves as being inhospitable; we're just moving through the business that needs to be done. We're not necessarily attuned to the questions and needs of those who know little about who we are and what we do.

We have a culture, a language, a set of values that are unique to 4-H. Those elements help us to feel connected to one another. They are also the things that can separate us from others who may want to explore being part of our organization. It's great to identify with one another, but we should recognize that our tightness can create a barrier to others who show interest in our clubs and projects. Think about it: it's difficult to join an existing group with established relationships and ways of doing things. First-timers to your meeting have no idea what to do and may know no one else in the room. That can be uncomfortable. And, if they don't connect in after a time or two, they'll move on to something else.

If we truly want to grow, (and for the sake of our organization, I would hope that!) we need to see ourselves as ambassadors. We must be intentional in helping newcomers understand and feel a part of 4-H. There are many ways to do this: Partnering newbies with veteran members and parents; phoning to check in to see how they're doing or if they'd like to share a ride to the meeting; taking time to get to know their families and interests; greeting each by name; inviting them to be involved in something new that you think they might enjoy; telling them thank you. Very simple things extend our hospitality. We just need to remember to do it. You'll never know what a personal invitation might bring...

Sabrina Torres – Royal is our new newsletter editor. She brings years of newsletter experience to this position. She and her daughter are new to the 4-H program. Welcome to 4-H and thanks for your help!

Welcome!

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4-H OFFICE CONTACT

Sacramento County 4-H
4145 Branch Center Road
Sacramento, CA 95827
(916) 875-6811
(916) 875-6233 FAX

cesacramento@ucdavis.edu
cesacramento.ucdavis.edu/4H/

OFFICE HOURS:

Monday, Tuesday and Friday
8:00 a.m.—12:00 noon
Wednesday and Thursday
1:00 pm—5:00pm

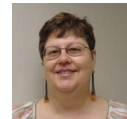
STAFF:



Marianne Bird
4-H Youth
Development
Advisor



Rita Boyes
4-H Program
Representative



Joan Ryan
4-H Secretary

COUNTY NEWS

FUNDRAISING FOR 4-H

4-H must take special care in how we raise funds because we are a public non-profit. The 4-H Name and Emblem are held in trust by the U. S. Secretary of Agriculture who protects their use. We need to be careful of the ways in which we use them, especially in connection with raising money.

Here are the basic guidelines for 4-H fundraising:

- **ALL** 4-H clubs, projects, Camps, and others must get approval for fundraisers from the 4-H Office **BEFORE** doing any fund-raising in the name of 4-H.
- Funds raised or donations received by projects or other groups of a 4-H Club become the property of the entire 4-H Club. Such fundraising efforts and donations also need to be approved by the 4-H Club members. **ALL FUNDS MUST GO THROUGH CLUB OR COUNCIL CHECKING ACCOUNTS!**

As soon as your fundraiser is finished, you must submit a summary form to the 4-H Office for our files.

- The UC 4-H Youth Development Program is not to conduct lotteries, drawings, raffles, bingo, and other games of chance.
- It is permissible to sell tickets to an event at which there will be a prize drawing. For instance, you may sell tickets to an ice cream social, dinner, fashion show, or similar event and their ticket may be used in a prize drawing. The point is that each buyer is receiving something for the money, not gambling on the chance to win a prize.

SCHEDULING AND USING THE CE ROOMS

To use the CE Auditorium or Conference Room:

- Please call the 4-H Office, 875-6811, to schedule the rooms before publishing, since all meetings are not on the 4-H Master Calendar.
- An adult must schedule the rooms and pick-up the key by 4:00 p.m. on the day of your meeting or the Friday before a weekend meeting.
- One Certified 4-H Adult Volunteer per 10 youth must be present at all times.
- A Certified 4-H Adult Volunteer must remain until every youth has been picked up.

PARENT/ADULT BEHAVIOR GUIDELINES

The California 4-H Youth Development Program strives to provide quality leadership for youth participating in 4-H programs, events, and activities. The opportunity to work with youth is a privileged position of trust that should be held only by those who are willing to demonstrate behaviors that fulfill this trust. The following guidelines are taken from the 4-H Policy Handbook <http://www.ca4h.org/policy/chapter6/index.asp>.

Parents and adults helping in the 4-H program are expected to:

- Treat others in a courteous, respectful manner demonstrating ethical behaviors appropriate to a positive role model for youth.
- Abide by policies and guidelines of the CA 4-H program.
- Deliver your child on time for events and meeting, and pick-up at the agreed upon time.

Parents and adults helping in the 4-H program are encouraged to:

- Be respectful of youth and adult volunteers, the lesson plan, and the leadership. Allow adult volunteers to lead.
- Attend meetings and participate in activities and events. 4-H is more than just a drop-off program.
- Provide encouragement and support, and allow your child to experience the process of 4-H no matter the outcome.

COUNTY PROJECTS

RABBIT PLAY DAY

Sacramento County 4-H Rabbit Playday

Saturday, November 7, 2009

9:00 am– 12:00 pm

CE Auditorium

Joy Dittus 916-991-5651

FREE

GAMES

There will be games!

There will be excitement!!

And best of all, you don't have to pay to come!!!!

There will be Breed ID, Showmanship,
Judging, and more!

See you there!

FUN

PUPPIES WITH PROMISE



1st and 3rd Thursday of each month.

7:00pm - 8:00pm

Kathy Prendergast 916-300-2269 or

PuppieswithPromise@msn.com

We aren't only guide dog puppy raisers. Anyone interested in dog care and training is welcome. You don't have to be a full time puppy raiser, you could be a co-raiser. You can be a puppy sitter, puppy socializer, or help out with other club positions. If you're interested in learning more you're welcome to join us at the meetings at Cordova Gardens Elementary School, 2400 Dawes Street, Rancho Cordova.

4-H CPR & FIRST AID

Sunday, December 6, 2009, 2:30 pm

Rayne Koppe 916- 412-8181

You **must pre-register** with the 4-H Project Leader to attend. We will be meeting in Citrus Heights. At this meeting, we will schedule the project for January 2010, look at materials, meet some 4-H CPR & first aid trained 4-H members, and determine our costs.

DISASTER PREPAREDNESS

Sunday, December 6, 2009, 3:00 pm

Rayne Koppe 916- 412-8181

You **must pre-register** with the 4-H Project Leader to attend. We will be meeting in Citrus Heights. At this meeting, we will schedule the project for January 2010, look at materials, and determine our costs.

4-H BABYSITTING SAVVY

Sunday, December 6, 2009, 1:00 pm

Rayne Koppe 916- 412-8181

You **must pre-register** with the 4-H Project Leader to attend. We will be meeting in Citrus Heights. At this meeting, we will schedule the project for January 2010, look at materials, meet some 4-H Babysitting Savvy graduates, and determine our costs.



RESIDENT CAMP

June 13-18, 2010

Las Posadas 4-H Camp

4-H Office 916-875-6811



Youth Directors & Recreation Leaders

Apps due November 23 by 4:00 p.m. to 4-H Office

Youth Staff

Apps due January 6, 2010

Interviews Friday, January 8

Chaperones Needed!

COUNTY 4-H NEWS

UPCOMING TRAININGS

NEW LEADER OREINTATION

SACRAMENTO

7:00-9:15 pm

4145 Branch Center Rd. Sacramento.

RSVP 916-875-6530

Thursday, December 3

SAN JOAQUIN

6:00-8:30 pm,

2101 E. Earhart Ave
Stockton.

RSVP 209-953-6106

Tuesday, November 3

YOLO

6:30-8:30pm

Norton Hall, 70 Cottonwood St, Woodland

RSVP 530-666-8703

Thursday, November 19

NEWSLETTER ARTICLES

Due 1st Friday of each month. Please email them to rjboyes@ucdavis.edu.

SHOOTING SPORTS COURSES

The Training Request Form can be found at <http://ca4h.org/projresource/shootingsports/index.asp>.

Archery Discipline

A shooting sports training workshop for the archery discipline will be held in Modesto, CA on **Saturday, November 7**, 8 AM - 4 PM and **Sunday, November 8**, 8 AM - 2 PM. Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. The course will be held at the Stanislaus County Ag Center, Harvest Hall Room E, 3800 Cornucopia Way, Modesto. The cost will be \$25 and includes lunch, snacks, and class materials. For more information, contact Dan Burner, dan_burner@yahoo.com or 209-874-2732 (evenings). Training Request Form and Fees are due by **October 23** and can be submitted to Dan Burner, P.O. Box 829, Waterford, CA 95386.

Rifle Discipline

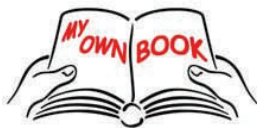
A 4-H shooting sports workshop for the rifle discipline will be held at Rankin Field Range, 20000 Road 140 in Tulare on **Saturday, January 9**, 8 AM- 6 PM and **Sunday, January 10**, 8 AM- 4 PM. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu. For information about the facility and a map, please visit the range website at: http://www.tcdsa.org/documents/rankin_field.htm.

NOVEMBER MEETINGS @ 4-H OFFICE

DATE	MEETING	TIME	CONTACT
Thursday, November 5	Fiber Goat	7 pm	Barbara Fiorica 684-6406
Saturday, November 7	County Rabbit Play Day	8 am	Joy Dittus 991-5651
Friday, November 13	Horse Review Committee	7 pm	Paula Martin 687-8540
Tuesday, November 16	Finance Committee	6 pm	Judy Ayala 332-2112
Monday, November 16	Executive Board Meeting	7 pm	Rob Withrow 684-8839
Friday, November 20	Mini Equine Meeting	7 pm	Kelly Allan 332-6745
Monday, November 23	County Horse Meeting	7 pm	Alan Edwards 687-4717
Tuesday, November 24	Leaders' Council Meeting	7 pm	Rob Withrow 687-8839

STATE EVENTS & ACTIVITIES

MY OWN BOOK



My Own Book www.myownbook.net is a non-profit organization dedicated to spreading the joy of reading. It was started three years ago and now distributes over 24,000 books nationwide to less fortunate children. We'd like to see 4-H clubs and groups across the state involved in the My Own Book project. If you are interested for your club, let us know. We can supply books to hand out as well as ideas for a year of fun with members of all ages. This is a great way to reach out to other children in the community. Please contact Brady and Kyle Baldwin at kyleandbrady@myownbook.net for more information.

STATE FAIR DATE CHANGE

Wednesday, July 14 - Sunday, August 1, 2010

The California Exposition & State Fair Board has announced new dates for the fair. For more information, you may contact Erica Manuel of the California Exposition and State Fair at emanuel@calexpo.com. 4-H members, adults and staff may also contact 4-H Animal Science Committee Chairs Cynthia Barnett, ccbarnett@ucdavis.edu and Steve Dasher, hsdasher@ucdavis.edu for additional questions.

NATIONAL WOOL COMPETITION

January 21-23, 2010

Sheraton Nashville
Downtown Hotel
Nashville, TN



The Make It Yourself With Wool Competition is requesting those who enjoy sewing and knitting projects to enter in a district contest near you, planned for October and early November. Winners will compete in state finals. If you are interested in participating, please contact Julie Castillo at calif.wool@gmail.com for additional information.

C.A.L CONFERENCE 2010

January 22-24, 2010

Walker Creek Ranch
4-H Office, 916-875-6811

Registration Due: November 27

4-H members 7th grade and above are encouraged to attend this event. Participants share their knowledge, exchange ideas and information, and have a chance to develop leadership skills. Registration is on a first come, first served basis. Each county is allotted 15 youth delegate spaces. The conference fee is \$75 which includes room and board on Friday and Saturday, Saturday's meals, and Sunday breakfast. Registration forms are available at the 4-H Office and are due November 27.

ADDITIONAL NEWS

- To view the 4-H State news, go to <http://www.ca4h.org/4hresource/updates/>
- To view the 4-H Science, Engineering, and Technology news, go to <http://www.ca4h.org/SET/updates/index.asp>
- To view the National 4-H news, go to <http://4-h.org/news/4hnews.php>



4-H NEWS

IMPORTANT INFORMATION



If accommodations are needed for any meeting or event, please contact the 4-H Office at least two weeks in advance.

PERSONS WITH HEARING DIFFICULTIES
CONTACT CALIFORNIA RELAY SERVICE:
711 OR (800) 735-2929 FOR TTY
IF YOU WANT TO CONTACT HEARING
IMPAIRED INDIVIDUALS CALL:
(800) 735-2922



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Sacramento County Board of Supervisors -- Roger Dickinson, 1st District; Jimmie R. Yee, 2nd District; Susan Peters, 3rd District; Roberta Mac Glashan, 4th District; and Don Nottoli, 5th District. Also, Terry Schutten, County Executive; Jim Hunt, Countywide Services Agency; and Gloria J. Barrett, Director, Cooperative Extension.

U.S. Department of Agriculture, University of California, and the County of Sacramento cooperating.